



February 2026

## Heart Screenings with 'Cardiac Risk in the Young' – April 2026

We are pleased to confirm that **Cardiac Risk in the Young** will be joining us to host another two day heart screening event during the Easter Break at South Hunsley School on 8<sup>th</sup> & 9<sup>th</sup> April 2026.

**Anyone aged 14-35 is eligible to book a FREE heart screening.**

Please see below the instructions for booking an appointment. These details were sent to us by the screening coordinator at CRY and all booking related queries should be directed to CRY please.

*Please only book an appointment if you are going to be available - these places are in huge demand.*

1. Visit [www.testmyheart.org.uk/private](http://www.testmyheart.org.uk/private) - or scan the QR code below:

2. Scroll to find:

**South Hunsley School / Melton North Ferriby**

a. **Wednesday 8<sup>th</sup> April 2026.**

or

b. **Thursday 9<sup>th</sup> April 2026.**



3. Click Register.

4. The password for this screening is: **Jamie2026** (case sensitive)

5. Select a time slot and click 'register now'.

6. Fill in the required details on the health questionnaire – this will take approximately 15 minutes.

7. Once the appointment is booked, you should receive a confirmation email, which will include a consent form.

8. Please download, then read and carefully complete the form then take it with you to your appointment on the day.

These heart screenings are Jamie's Legacy to the local community and have been made possible thanks to generous past donations to his memorial fund at **Cardiac Risk in the Young**.

***Our next (AND POSSIBLY LAST) screening event will be in October 2026.***